

Curriculum Vitae

Brett Guimard, DC, DACBSP, CSCS, MAOM, L.Ac

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Professional Experience/Employment History

- ◆ **Alchemist Quest Performance Education and Consultation – Springfield, OR**
-Founder and CEO, 2017 – Present
- ◆ **University of Western States - Portland, OR**
-Adjunct Faculty - Sports Med Masters Program, 2012 – 2019
- ◆ **United States Olympic and Paralympic Committee – Olympic Training Center - Chula Vista, CA**
- Senior High Performance Healthcare Provider, 2010 – 2018
- ◆ **Paralympic Games – US Medical Director – Rio De Janeiro, Brazil, 2016**

- ◆ **U.S. Paralympic Track and Field - World Championships, Doha, Qatar**
- Chiropractic Care/Team Doctor, 2015
- ◆ **U.S. Track and Field – Indoor National Championships, Boston, MA**
- Chiropractic Care/Medical Staff, 2015
- ◆ **U.S. Track and Field – Outdoor National Championships, Sacramento, CA**
- Chiropractic Care/Medical Staff, 2014
- ◆ **U.S. Paralympic Track and Field - World Championships, Lyon, France**
- Chiropractic Care/Team Doctor, 2013
- ◆ **U.S. Track and Field - National Championships, Des Moines, IA**
- Chiropractic Care/Medical Staff, 2013
- ◆ **Paralympic Games - London, UK**
- Team USA Credentialed High Performance Healthcare Provider
- Team USA Medical Coordinator for the Marathon, 2012
- ◆ **U.S. Track and Field – Olympic Trials, Eugene, OR**
- Chiropractic Care/Medical Staff, 2012
- ◆ **BMX Super-Cross Olympic Trials, United States Olympic Training Center**
- Emergency Care/Medical Staff, 2012
- ◆ **UCI BMX Super-Cross World Cup, United States Olympic Training Center**
- Emergency Care/Medical Staff, 2009-2012
- ◆ **BMX Super-Cross National Championship, United States Olympic Training Center**
- Emergency Care/Medical Staff, 2012
- ◆ **U.S. Track and Field - Indoor National Championships, Albuquerque, NM**
- Chiropractic Care/Medical Staff, 2011,2014
- ◆ **U.S. Track and Field - National Championships, Eugene, OR**
- Chiropractic Care/Medical Staff, 2011
- ◆ **PUMA Mt. SAC Relays - Collegiate & International Invitational - Mt. SAC, CA**
- Chiropractic Care/Medical Staff, 2011
- ◆ **U.S. Paralympic Track and Field - World Championships, Christchurch, NZ**
- Chiropractic Care/Team Doctor, 2011
- ◆ **U.S. Paralympic Track and Field - Down Under Meet, Sydney, Australia**

- Chiropractic Care/Medical Staff, 2011
- ◆ **Southern California University of Health Sciences, Whittier, CA**
 - Clinical Professor, 2008 - 2010
 - Director Sports Medicine Residency, 2008 – 2010
 - University Health Center Clinician, 2008 - 2010
 - University Faculty, 2008 - 2010
 - Clinical Internship Division Committee Member, 2008 - 2010
 - Residency Committee Member, 2008 - 2010
 - Sports Injury Council Advisor, 2008 - 2010
- ◆ **U.S. Paralympics Track and Field -Twilight Meet, Windsor Canada**
 - Chiropractic Care/Team Doctor, 2010
- ◆ **U.S. Paralympics Track and Field - Boiling Point Meet, Windsor Canada**
 - Chiropractic Care/Medical Staff, 2010
- ◆ **USA Taekwondo International Tournament - City of Industry, CA**
 - Chiropractic Care/Medical Staff, 2010
- ◆ **AIDS/Lifecycle 9, San Francisco to Los Angeles, CA**
 - Team Captain
 - Supervising Clinician/Chiropractic Sports Medicine, 2010
- ◆ **USA Weightlifting - Sub 17 Pan-American Games, Chiclayo, Peru**
 - Chiropractic Care/Team Doctor, 2010
- ◆ **Tri-Cal - Wildflower Triathlon, Paso Robles, CA 2010**
 - Event Coordinator for Chiropractic Crew
- ◆ **USA Volleyball - US Open, Manhattan Beach, CA**
 - Chiropractic Care/Medical Staff, 2009
- ◆ **ASA Action Sports World Tour, Venice Beach, CA**
 - Chiropractic Care/Medical Staff, 2009
- ◆ **(D.I.S.C) Diagnostic and Interventional Spine Care, Marina Del Rey, CA**
 - Clinical Coverage Acupuncturist, 2009
- ◆ **F.I.R.S.T. Health Clinic, Torrance, CA**
 - Clinical Coverage, 2009
- ◆ **Western States Police and Fire Games, Valencia, CA**
 - Emergency Medical Care/Chiropractic Care, 2009
- ◆ **Association of Volleyball Professionals Tournament, Huntington Beach, CA**
 - Chiropractic Care/Medical Staff, 2009
- ◆ **Disney's Wide World of Sports Martial Arts Festival, Anaheim, CA**
 - Emergency Medical Care/Chiropractic Care, 2009
- ◆ **USA Weightlifting Junior Nationals, Foster City, CA**
 - Medical Staff/Chiropractic Care, 2009
- ◆ **USA Region 15 Junior Olympic Track and Field, Paramount, CA**
 - Emergency Care/Chiropractic Care, 2009
- ◆ **United States Olympic Training Center - Performance Services - Medical**
 - Volunteer - Chiropractic/Acupuncture 2009-2010
- ◆ **USA Weightlifting North American Open Championships, Chandler, AZ**
 - Medical Staff/Chiropractic Care, 2008
- ◆ **Disney's Atlantic-Pacific Citrus Classic, La Habra, CA**
 - Emergency Care/Chiropractic Care, 2008
- ◆ **LG Action Sports FMX, Pomona, Ca**
 - Chiropractic Care/Medical Staff, 2006 - 2008
- ◆ **Avon Walk for Breast Cancer, Long Beach, CA**
 - Chiropractic Sports Medicine Director/Supervising Clinician, 2008
- ◆ **USA Women's National Water Polo Team, Los Alamitos, CA**

- Chiropractic Sports Medicine Services/Trainer, 2008
- ◆ **St. Paul High School, Santa Fe Springs, CA**
 - Athletic Department - Emergency Care/Chiropractic/Trainer, 2008 - present
- ◆ **La Habra High School, La Habra, CA**
 - Athletic Department – Emergency Care/Chiropractic/Trainer, 2008
- ◆ **South Coast Bayern Cup Soccer Tournament, Orange County, CA**
 - First Aid/Trainer/Medical Staff, 2008
- ◆ **AIDS/Lifecycle 7, San Francisco to Los Angeles, CA**
 - Supervising Clinician/Chiropractic Sports Medicine, 2008
- ◆ **ChikaraSport Athletic Performance Enhancement Center, Whittier, CA**
 - Strength and Conditioning Education, 2008
- ◆ **Action Sports Tour S3 Supergirl Jam, Huntington Beach, CA**
 - Medical Staff/Emergency Care, 2008
- ◆ **USA Tae Kwon Do Southern California Open, Whittier, CA**
 - Supervising Clinician/Medical Staff, 2008
- ◆ **Spring In to Health Fair and 5k Run, Whittier, CA**
 - Supervising Clinician/Chiropractic Care, 2007-2008
- ◆ **Pacific Coast Youth Football, Cerritos, CA**
 - Emergency Medical/Chiropractic Care, 2006
- ◆ **LG Action Sports, San Diego, CA**
 - Emergency Medical/Chiropractic Care, 2006
- ◆ **Tae Kwon Do Junior Nationals qualifier, Anaheim, CA**
 - Emergency Medical/Chiropractic Care, 2006
- ◆ **General Nutrition Center, Aurora, IL**
 - Manager/ Employee 2000 - 2003
- ◆ **Powerhouse Gym, Bolingbrook, IL**
 - Personal Trainer 2000 - 2003

Teaching Experience, Lectures & Presentations:

- ◆ **University of Western States** - Sports Medicine Master's Program
 - Special Populations in Sports Medicine/Adaptive Sport, 2012-2019
 - Emergency Care for the Injured Athlete, 2010 - 2012
- ◆ **Certified Chiropractic Sports Physicians Education**
 - Diagnosis and Management of Lower Extremity Injuries, 2014-present
- ◆ **SCU Extravaganza** - Presenter
 - Integrative Sports Medicine
- ◆ **ACBSP Sports Science Symposium** – Presenter
 - The Paralympic Experience 2017
 - Myofascial Decompression 2017
 - Current Concepts in Hamstring Injuries, 2016
 - Integrative Needling Techniques in Sports Medicine, 2013
- ◆ **History of Health Care - Chiropractic Techniques**
 - Guest Lecturer, SCUHS, 2010
- ◆ **National Taipei College - International Conference, Taipei, Taiwan**
 - **Keynote Speaker** - Sports Medicine and Integrative Health Care, 2009
- ◆ **Southern California University of Health Sciences Campus Health Center**
 - Supervising Clinician/Intern Educator, 2008 - present
- ◆ **Certified Chiropractic Sports Physicians**
 - Lead Instructor - Emergency Care for Athletes, CA 2009

- ◆ **Massage Therapy Professional Certification Program**
 - Co-Instructor - Soft Tissue Technique, SCUHS, 2009
 - Co-Instructor - Anatomy & Physiology III, SCUHS
- ◆ **Integration of TCM and Sports Medicine**
 - Continuing Education Lecturer, SCU Extravaganza, 2009
- ◆ **Emergency Procedures/Cardiopulmonary Resuscitation - Lecture/Lab**
 - Lead Instructor, SCUHS, 2009-2010 *(recipient of excellence in teaching award, 2009; 2010)
 - Co-Lead Instructor, SCUHS, 2009
 - Assistant Instructor, SCUHS, 2008
- ◆ **“Little Doc’s” Child Education Program**
 - Instructor - CPR, SCUHS, 2009
 - Instructor - Heart Auscultation, SCUHS, 2009
- ◆ **“Mini-Medical School & Fitness Boot Camp” Child Education, Whittier, CA**
 - Instructor - CPR & First Aid, SCUHS, 2008
 - Instructor - Injury Prevention, SCUHS, 2008
 - Instructor - Nutrition, SCUHS, 2008
- ◆ **Extremity Technique Alumni Re-licensing Seminar**
 - Lead Instructor, SCUHS, 2008
- ◆ **Graston Technique - Module 1**
 - Lead Instructor SCUHS 2010
 - Co-Instructor, SCUHS 2008 - 2009
- ◆ **Clinically Applied Manual Procedures**
 - Assistant Instructor, SCUHS, 2007 - 2008
- ◆ **Physiological Therapeutics & Rehabilitation II**
 - Guest Lecturer, SCUHS, 2008
- ◆ **Physiological Therapeutics & Rehabilitation III**
 - Guest Lecturer, SCUHS, 2009
- ◆ **Neuromusculoskeletal Procedures**
 - Guest Lecturer, SCU CAOM, 2008 – 2009
 - Guest Lecture, SCU LACC, 2008
- ◆ **Clinical Nutrition & Dietetic Quantity Food Production, River Forest, IL**
 - Lead Instructor/Executive Chef - Dominican University, 2002

Professional Certifications, Licenses, & Proficiencies

- ◆ Doctor of Chiropractic (DC), California State License **DC-30512**
- ◆ Masters of Acupuncture and Oriental Medicine, California State License **AC-12468**
- ◆ Diplomat of the American Chiropractic Board of Sports Physicians (DACBSP)
- ◆ Certified Chiropractic Sports Practitioner (CCSP)
- ◆ Certified Strength and Conditioning Specialist (CSCS)
- ◆ ACBSP Concussion Registry
- ◆ ACSM Concussion Management Certificate
- ◆ Certified CPR/AED & First Aid Instructor
- ◆ 12-Lead ECG Basic Interpretation Certification
- ◆ Certified Graston Practitioner/Instructor (GT)
- ◆ Certified Clean Needle Technique, California Board of AOM
- ◆ Certified Personal Trainer for Fitness and Nutrition
- ◆ Myofascial Release Technique
- ◆ Kinesio Taping
- ◆ Athletic Taping and Advanced Taping Techniques

- ◆ Class 4 K-Laser
- ◆ Business Management Certification, Cooking and Hospitality Institute of Chicago
- ◆ Certification in Sanitation, Department of Public Health

Education

Post Graduate Residency:

Southern California University of Health Sciences Whittier, CA
Chiropractic Sports Medicine Department 2007 - 2008

Graduate:

Southern California University of Health Sciences Whittier, CA
Masters of Acupuncture and Oriental Medicine (MAOM) 2004 - 2007
- Dean's list

Southern California University of Health Sciences Whittier, CA
Doctorate of Chiropractic (D.C.) 2003 - 2006
- Dean's list

Undergraduate:

Dominican University River Forest, IL
Bachelors of Science in Nutrition and Dietetics, Food Science 2001 - 2003
- *Magna Cum Laude*

Cooking and Hospitality Institute of Chicago Chicago, IL
Associates Degree of Applied Science in Culinary Arts 1999 - 2001
- GPA: 3.98 - 4.0

Internship/Preceptorship:

- ◆ Whittier Health Center Acupuncture Clinic, 2005 – 2007
- ◆ Whittier Health Center Chiropractic Clinic, 2005 – 2006
- ◆ Presbyterian Intercommunity Hospital - Spine Center, 2006
- ◆ LA City Help Chiropractic Clinic, 2006
- ◆ Cerritos College Health Center, 2006

Publications/Abstracts:

- ◆ Reviewer for Journal of Chiropractic Medicine 2012-present
- ◆ Reviewer for ACBSP abstracts 2010-present
- ◆ Consensus Review Member ACBSP – Sport Preparticipation Physicals

Presented as abstract at 2012 ACBSP Sports Science Symposium

“MOST COMMONLY REPORTED AREA OF CHIEF COMPLAINT BY ELITE ATHLETES SEEKING CHIROPRACTIC CARE IN A MULTIDISCIPLINARY CLINIC”

Brett Guimard DC, DACBSP, CSCS, MAOM, L.Ac; Dustin Nabhan DC, DACBSP, CSCS; Jenna Street MS, ATC, PES

****Recipient of the John Nash Award for Best Multidisciplinary Abstract***

Presented as abstract at 2012 ACBSP Sports Science Symposium

“MOST COMMONLY REPORTED TREATMENT TECHNIQUES BY CHIROPRACTORS WORKING WITH ELITE ATHLETES”

Dustin Nabhan DC, DACBSP, CSCS; Brett Guimard DC, DACBSP, CSCS, MAOM, L.Ac; Jenna Street MS, ATC, PES

****Recipient of the Robert C. Reed Award for Best Abstract***

Presented as abstract at 2011 ACBSP Sports Science Symposium

“MULTIDISCIPLINARY MANAGEMENT OF A SEVERE ANKLE INJURY IN AN ELITE TRACK AND FIELD ATHLETE - A Case Study”

Brett Guimard DC, DACBSP, CSCS, MAOM, L.Ac; Richard Quincy PT, ATC

****Recipient of the John Nash Award for Best Multidisciplinary Abstract***

Presented as abstract at 2011 ACBSP Sports Science Symposium

“CONTINUATION STUDY - HIP RANGE OF MOTION ASSESSMENT AS A PREDICTOR FOR INJURY RISK IN HIGH SCHOOL ATHLETES.”

Dustin Nabhan DC, CCSP, CSCS; Brett Guimard DC, DACBSP, CSCS, MAOM, L.Ac; Donnie Richardson DC, CCSP, CSCS ; Jason Reynolds DC; Kevin Pierce DC

****Recipient of the Leonard Schroeder Award for Best Original Research***

Presented as abstract at 2010 ACBSP Sports Science Symposium

“HIP RANGE OF MOTION ASSESSMENT AS A PREDICTOR FOR INJURY RISK IN HIGH SCHOOL ATHLETES.”

Dustin Nabhan DC, CCSP, CSCS; Brett Guimard DC, CCSP, CSCS, MAOM, L.Ac; Donnie Richardson DC, CCSP, CSCS ; Jason Reynolds DC; Matt Scott DC

Presented as abstract at 2010 ACBSP Sports Science Symposium

“THE EFFECTS OF SACROILIAC JOINT MANIPULATION ON STATIC WEIGHT DISTRIBUTION IN SUBJECTS WITH NO CURRENT MECHANICAL LOW BACK PAIN”

Jason Reynolds DC; Brett Guimard DC, CCSP, CSCS, MAOM, L.Ac; Kevin Pierce DC; Donnie Richardson DC, CCSP, CSCS

Presented as abstract at 2009 ACBSP Sports Science Symposium

“Chief Musculoskeletal Complaints of Participants in a Two-Day Walking Event: An Epidemiological Study”

Brett Guimard, DC, CCSP, MAOM, L.Ac; Chad Barylski, DC, DACBSP, CSCS; Eric St. Pierre, DC, DACBSP, CSCS

Presented as abstract at 2009 ACBSP Sports Science Symposium

“Severity of Chief Musculoskeletal Complaints in Relation to Pre-Event Training for a Two-Day Walking Event: An Epidemiological Study.”

Brett Guimard, DC, CCSP, MAOM, L.Ac; Chad Barylski, DC, DACBSP, CSCS; Eric St. Pierre, DC, DACBSP, CSCS

Presented as abstract at 2009 ACBSP Sports Science Symposium

“The Treatment, Management and Referral of Sports Related Injuries by Chiropractic Sports Medicine Residents in a High School Training Room: A Retrospective Study”*

Eric St. Pierre, DC, DACBSP, CSCS; Chad Barylski, DC, DACBSP, CSCS; Brett Guimard, DC, CCSP, MAOM, L.Ac; Benjamin Holt, DC, DACBSP, CSCS

****Recipient of the Robert C. Reed Award for Best Abstract***

****Recipient of the Leonard Schroeder Award for Best Original Research***

Presented as abstract at 2009 ACBSP Sports Science Symposium

“Community Acquired Methicillin Resistant Staphylococcus aureus in a High School Football Team: A Case Series.”

Chad Barylski, DC, DACBSP, CSCS; Dustin Nabhan, DC, CSCS; Eric St. Pierre, DC, DACBSP, CSCS; Brett Guimard, DC, CCSP, MAOM, L.Ac

